# Fourth Sunday in Ordinary Time

# MASSES THIS WEEK AT ST. MICHAEL'S

Psalter IV

MON, Feb. 4th

12:05 PM + JAMES & ROSE DYER -Bill & Sadie Barr

TUES. Feb. 5th St. Agatha, virgin, martyr

12:05 PM † FRANK ROCHETTA -Garry & Anne Quinlan

Volume II of the Liturgy of the Hours is used from Ash Wednesday until Pentecost.

WED. Feb. 6th ASH WEDNESDAY (Lent Begins) Universal day of fasting and abstinence from meat

9:30 AM Tri-School Mass in the Church

+ DORIS VAN REMMEN - Pat Fleming 7:00 PM † VINCENT & CATHERINE GRAZINO - Family

THURS. Feb. 7th at Legion Village 10:00 AM † Deceased Members of the PALMER & HALL FAMILIES -Madge & Family

FRI. Feb. 8th

7:00 PM + JOANNE CLEARY - Family

SATURDAY, February 9th

5:00 PM + FABIAN RATCHFORD - Brothers and Sisters

SUNDAY, February 10th 9:00 AM † MISSA PRO POPULO

11:00 AM † BOGDEN SOKAY - his wife and family

Next Weekend's Readings . First Sunday of Lent 1st Gn. 2.7-9, 16-18, 25: 3.1-7 2nd Rm 5.12-19 Gspl. Mt 4.1-11

## **EVENTS/MEETINGS THIS WEEK**

Tues. 5-7:00 PM RCIA in Parish Centre

Tues. 5—6:00PM KofC Dinner Meeting -CCC

Tues. 5—7:00PM CWL Executive Meeting – PC

Wed. 6—12:30 PM Legion of Mary in Parish Centre

Thurs. 7—1:00 PM Srs Progressive Euchre - CCC

Thurs. 7—7:00 PM Christian Prayer & meditation

Group in Parish Centre

Fri. 8 —6:30PM Stations of the Cross – Church (Led by the Legion of Mary)

Sat. 9 — 9AM –1PM Bake Sale – Columbus

Community Centre

Sun. 10 —1PM – 4:30PM Afternoon for Couples

#### PRAY FOR THE SICK

Terry O'Sullivan, Fr. Henry, Matilda Eikens, Jean Boudreau, Pat Lucyshyn, Noreen Mark, Gerrard Heffernan, Antoinette Brisson, Joe May, Gracillia Niziol, Billy Thomson, Julie Black, Adrian Stimers, Kim Hope, Stan Johnston, Louis Carigan, Ronald Heffernan, Fred Williams, Wendy Gregoriades, Denise Palermo, Anne Driscoll, Mark Martel, Trevor DeMattos, Diane Bartlett, David Wright, Lorna Watts, Shirley Ferguson, Greg Heenan, May the Lord's healing hand touch them.



#### **SEASON OF LENT**

The season of Lent begins on Ash Wednesday.

Taking some time to get ready for Lent will ensure that we aren't going to miss the first week or two of Lent, because we are just getting started. Before we get to Ash Wednesday, we should start asking ourselves some questions and we should start with some preparations. "What does God want to give me this year?" This question may require that I slow down a bit and listen. For example, even if I'm very busy, I realize I'm hungry when I hear my stomach start "growling." "What am I going to be doing on Ash Wednesday?" Too often, Ash Wednesday is like every other day, except that I manage to get to church and get ashes on my forehead. Is there anything else I can do on Ash Wednesday? How will fasting and abstaining happen for me, for my family on that special day?

#### FAST AND ABSTINENCE EXPLAINED

What is a day of fast and abstinence?

Under current canon law in the Western Rite of the Church, a day of fast is one on which Catholics who are 18 to 60 years old are required to keep a limited fast. In this country, one may eat a single, normal meal and have two snacks, so long as these snacks do not add up to a second meal. Children are not required to fast, but their parents must ensure they are properly educated in the spiritual practice of fasting. Those with medical conditions requiring a greater or more regular food intake can easily be dispensed from the requirement of fasting by their pastor.

A day of abstinence is a day on which Catholics 14 years or older are required to abstain from eating meat Again, persons with special dietary needs can easily be dispensed by their pastor



# RITE OF CHRISTIAN INITIATION

Topic: Matrimony, Holy Orders and the Priesthood of the Faithful.

Presenters: Sem. Jerry Tavares and

Laszlo & Henriette De Roth Time: Tues. Feb 5<sup>th</sup> @ 7PM

#### COLLECTION REPORT

January 27—\$4721. **▲** \$163. More than last year! International Potluck Supper: \$210.37 Restoration Fund to be updated next week.

#### **VOCATION VIEW**

A child's handful of pulled dandelions will bring joy to a mother. A small act of kindness will surprise the lonely heart. Who will bring joy and kindness today?

# **MURAL RESTORATION**

So you hate carrying loose change? As a fundraiser for the Mural Restoration Ioonies or townies can be dropped inside the pyramid box found near the water font at the entrance of the Church. Thank you. For those who made a three year pledge to the Mural Restoration Fund, and can't remember what or when your commitment is, please contact the office for a reminder 905.372.6844.

# HOLY FATHER'S PRAYER INTENTIONS February 2008

General: That the mentally handicapped may not be marginalized but respected and lovingly helped to live in a way worthy of their physical and social condition.

Mission: That Institutes of Consecrated Life, so flourishing in mission countries, may rediscover the missionary dimension and, faithful to the radical choice of Gospel counsels, be generous in bearing witness to Christ and proclaiming Him to the ends of the earth.

#### 2007 INCOME TAX RECEIPTS

Your 2007 donations will be available for pick up this weekend, February 2/3, 2008, at the entrance of the Church. Please pick up your receipt, and thank you for your generosity! Also, there still are a number of offertory envelope boxes that have not been picked up. Please take a moment to get yours today. This is the only way we can keep track of your offerings. Thank you.

#### USED STAMPS

Your used stamps can be brought to the Church anytime. Sister Rita from the Sisters of St. Joseph will be glad to receive them for her charities! Please support this campaign for the benefit of others.

#### LENTEN RETREAT AT HOME

Each weekend during Lent, you will find an insert which will guide you and prepare you on your Lenten journey.

#### LIGHTHOUSE CATHOLIC MEDIA NOW AVAILABLE AT ST. MICHAEL'S!

What is Lighthouse Catholic Media? presentations by leading Catholic speakers on audio CDs and educational pamphlets. Find clear answers to your questions and deepen your knowledge about the richness of our Catholic faith with these dynamic. inspirational materials. Learn about a variety of vital topics at your own convenience, listening at home or in your car. CD's are only \$5 each. Get yours today!

#### ROSARIES FOR SALE

Handmade rosaries are once again available for sale in the Parish Centre. Cost: \$10. each.

#### STATIONS OF THE CROSS

The Stations of the Cross will be prayed every Friday, beginning this Friday, February 8th, in the Church beginning at 6:30PM. We participate in the practice of making the Stations of the Cross because it is a powerful way to



contemplate, and enter into, the mystery of Jesus' gift of himself to us.

#### SHARE LENT: LIFESTYLE AWARENESS



# and Peace

The Share Lent: Lifestyle **Development** Awareness campaign is an easy way for the whole family to feel involved.

Place the Awareness calendar on your fridge and take 5 minutes each day during lent, to read and absorb the day's information. The Lifestyle Awareness calendar has also been distributed to the Students in our Schools. Make this a family event! Last year the Parish collected \$2,507.07 for the Development and Peace Share Lent Collection. Thank you!

## LIVING STATIONS A re-enactment of Jesus' final hours

Br. Jerry is looking for people to get involved in a 'living stations' or 'live Stations of the Cross' in which the final hours of Jesus' life is re-enacted by youth. If you are interested in participating or volunteering your time and energy, it would be greatly appreciated. Please contact Br. Jerry at the Rectory 905.372.6844. More info in next week's bulletin...

# PARENTS WORKSHOP: 1st EUCHARIST

There is a workshop for parents of students in Grade 2 who will be making their First Communion this year on February 16th at St. Michael's School Gym from 10AM - 12 Noon. Parents are highly encouraged to attend this important workshop.

#### WANTED: USED ITEMS

you have any used summer clothing, encyclopaedias, dictionaries, school supplies that you want to share with the children? These can be dropped off at the Rectory. Fr. Vic will send them to different elementary schools in the Philippines.

#### LENTEN PRAYER

O God, Grant us grace to desire You with a whole heart, so that desiring You we may seek and find You, and so finding You, may love You, and loving You may hate those sins which separate us from You, for the sake of Jesus Christ.

- St. Anselm

